

delightful *delicate* conversations: tips & tricks



Tips

- purpose** focus on the conversation in front of you
- timing** is this a good time for YOU to talk?
- length** if needed, leave with the promise of revisiting after reflection
- content** ensure you understand the facts and share your feelings
- perspective** find the good possible within and from this conversation

Tricks

Delightful Delicate Discussion

Talk turkey.
Ask everyone around the table to share a fact and a feeling; focus yours on what's top of mind.

TRICK#009 www.honoringchoicespnw.org

Delightful Delicate Discussion

Say: I love you.
Use your affection to reaffirm a positive outcome.

TRICK#001 www.honoringchoicespnw.org

Delightful Delicate Discussion

Go old school—write it down.
Put it in a letter with a request to talk about it later.

TRICK#019 www.honoringchoicespnw.org

Delightful Delicate Discussion

Create the future.
Plant the seed for continuing the conversation soon.

TRICK#705 www.honoringchoicespnw.org

Delightful Delicate Discussion

Celebrate.
Give yourself props for broaching the subject in the first place.

TRICK #101 www.honoringchoicespnw.org

Delightful Delicate Discussion

Gossip about celebrities.
Use it to bring up your own concerns.

TRICK#672 www.honoringchoicespnw.org

Delightful Delicate Discussion

Get the inside scoop.
Like a reporter, ask for their response and follow-up with questions.

TRICK#651 www.honoringchoicespnw.org

Delightful Delicate Discussion

Play games.
Stack conversation starter topics in your favor to bring up something important.

TRICK#321 www.honoringchoicespnw.org

