

Questions 9a & 9b

First Steps® ACP Conversation Guide:
Adults with Chronic Illness
(RC 1145) – BLUE GUIDE

Role of Facilitator #1

1. Use the blue First Steps® ACP Conversation Guide: Adults with Chronic Illness. Set the remainder of this role-play packet aside.
2. Ask questions **9a and 9b** in the Conversation Guide.
3. Listen to the role-players' answers. You will need to use the Communication Skills card (RC 0046) to respond.

Questions 9a & 9b

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Role of Individual Seeking Assistance #1	
When Facilitator #1 asks:	Respond as follows:
“What do you understand about CPR?”	<ul style="list-style-type: none"> It’s what you do when someone’s heart stops to get it beating again.
“What has your doctor told you about CPR?”	<ul style="list-style-type: none"> We haven’t talked about it. It hasn’t ever come up in an appointment.
“What do you know about the success rate of CPR?”	<ul style="list-style-type: none"> I assume it works most of the time.
“CPR is not as successful as most people think. Would you like to learn more?” <i>(Facilitator provides information on CPR.)</i>	<ul style="list-style-type: none"> Yes.
“Tell me now what you understand about the success of CPR.”	<ul style="list-style-type: none"> Well, it sounds like it doesn’t work as often as I thought. But if there’s a 30% chance of it working, that sounds pretty good to me. What would happen if I don’t at least try CPR?

Questions 9c & 9d

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Role of Facilitator #2

1. Use the blue First Steps® ACP Conversation Guide: Adults with Chronic Illness. Set the remainder of this role-play packet aside.
2. Ask questions **9c and 9d** in the Conversation Guide.
3. Listen to the role-players' answers. You will need to use the Communication Skills card (RC 0046) to respond.

Questions 9c & 9d

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Role of Individual Seeking Assistance #2	
When Facilitator #2 asks:	Respond as follows:
“What outcome would you expect from CPR?”	<ul style="list-style-type: none"> • I would want CPR to work. I would want to be able to be like I am today – independent.
“What fears or concerns do you have about making this decision?”	<ul style="list-style-type: none"> • I wonder what my doctor would say about my chances for CPR. He did say that I have been doing great. Wouldn’t you try it if you were me?