

## SUMMARY AND FOLLOW UP OF ADVANCE CARE PLANNING CONVERSATION

**Note to Facilitator:** *This summary is for the individual to take home. These are optional categories. Choose the ones that are appropriate for the individual. If possible, try to focus on three key action steps.*

This summary is to help you remember what we talked about and to share with your doctor, healthcare agent, and loved ones.

You have learned the following from your experiences: \_\_\_\_\_

\_\_\_\_\_

What is most important for you to live well is: \_\_\_\_\_

\_\_\_\_\_

You are thinking about asking or have asked (*name of person*) to be your healthcare agent. You will talk to that person: \_\_\_\_\_

• Ways to talk to your healthcare agent are: \_\_\_\_\_

\_\_\_\_\_

• Invite your agent to come with you to the next appointment for advance care planning.

• Invite your agent to attend an advance care planning class with you.

You have the following cultural and/or spiritual beliefs: \_\_\_\_\_

\_\_\_\_\_

• You may meet with your faith leader to talk about: \_\_\_\_\_

\_\_\_\_\_

If you have a sudden event and cannot make your own decisions, you would want:

\_\_\_\_\_

You have the following questions for your doctor: \_\_\_\_\_

\_\_\_\_\_

You would like to write down your goals, values, and preferences in an advance directive document.

• You would like to learn more about the advance directive document.

• You would like to schedule a meeting with your healthcare agent.

*Create other strategies for completing the document.*