

Respecting Choices® First Steps® ACP Facilitator Certification Course

Franciscan Administrative Center | August 19, 2021



- 7:45 a.m.** **Check-in**
- 8 a.m.** **Welcome and Overview**
- Welcome
 - Introduction of Faculty/Instructors and participants
 - Overview of Respecting Choices
 - Overview of learning outcomes and materials
- 8:30 a.m.** **The Personal Engagement Activity**
- What did you learn when attempting to have an ACP conversation?
- 8:45 a.m.** **First Steps ACP Conversation Guide (for adults who have not started, or engaged in, a planning process)—Facilitation Skills**
- Communication Skills card (RC 0046) and additional techniques
- First Steps ACP Conversation Guide (RC 1143): Healthcare agent not present**
- Video: *First Steps ACP Introduction (7 minutes)*
 - Group debrief: What skills did you observe?
 - First Steps ACP Introduction Guide (RC 1132)
- 9:15 a.m.** **Break**
- 9:30 a.m.** **First Steps ACP Conversation Guide (RC 1143): Healthcare agent present**
- Video: *Conversation with Individual and Agent: Exploration (19 minutes)*
 - Group debrief: What skills did you observe?
 - Video: *Conversation with Individual and Agent: Goals of Care (8 minutes)*
- 10:30 a.m.** **Practice Exercise Role-Play 1 (work in groups of three)**
- First Steps ACP Conversation Guide
- 11:15 a.m.** **Group debrief: What skills did you learn?**
- 11:20 a.m.** **First Steps ACP Conversation Guide: Adults with Chronic Illness (for adults who have not started, or engaged in, a planning process)—Facilitation Skills**
- First Steps ACP Conversation Guide: Adults with Chronic Illness (RC 1145)
 - What's different?
 - Video: *First Steps ACP for Adults with Chronic Illness (14 minutes)*
 - Exploring understanding of illness, experiences, and living well
 - Group debrief: What skills did you observe?
- 12 p.m.** **Lunch**
- 1:00 p.m.** **Practice Exercise Role-Play 2 (work in groups of three)**
- First Steps ACP Conversation Guide: Adults with Chronic Illness
 - Exploring understanding of illness, experiences, and living well
 - Exploring goals for severe, permanent brain injury
- Group debrief: What skills did you learn?**

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RC FS ACP Fac Cert Course cont.

- 1:45 p.m.** **First Steps ACP Conversation Guide: The CPR Conversation**
- A person-centered approach to making treatment decisions: The Decision-Making Framework
 - Video: *First Steps ACP for Adults with Chronic Illness: The CPR Conversation (6 minutes)*
 - Review of CPR conversation: First Steps ACP Conversation Guide for Adults with Chronic Illness
- 2:15 p.m.** **Break**
- 2:30 p.m.** **Practice Exercise Role-Play 3 (work in pairs)**
- CPR conversation: First Steps ACP Conversation Guide for Adults with Chronic Illness and CPR Fact Sheet
- Group debrief:** What questions are common?
- Facilitator Handbook to First Steps ACP Conversations (RC 1140)
- 3:00 p.m.** **Summary of the First Steps Conversation—Promise #5: Honoring Preferences and Decisions**
- The role of the Facilitator in transferring individual goals, values, and preferences to a written plan
 - Common problems with written plans
 - Video: *Conversation with Individual and Agent: Summary (6 minutes)—Translating Individual Preferences into a Written Plan*
 - Matthew’s advance directive sample statement
 - Art’s final chapter
- 3:20 p.m.** **Final Competency Role-Play: 8-hour course (work in groups of four, 15 minutes/Facilitator)**
- 4:20 p.m.** **Summary**
- Creating a plan to improve your skills and achieve certification
 - Organizational plan for practice and support
 - Video: *The Value of the ACP Conversation (optional video)*
- “Making a Difference” handout
- 4:30 p.m.** **Adjourn**



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