



# starters, keepers, lead cheat sheet

STARTERS	KEEPERS	THE LEAD
What is the <b>one thing</b> you would like to control about the place where you spend the last hours of your life?		
In tough times, <b>who do you turn to and trust</b> the most?	 <p><b>Tell me more about that.</b> <i>Ask for more information and detail.</i></p>	
What brings you <b>joy</b> in your life?		
What are <b>3 things</b> everyone should know about you?	 <p><b>What does that look like?</b> <i>Discover the visual picture or application.</i></p>	 <p>...that sounds like something a <b>loved one might want to know</b> if they ever had to make a <b>health care decision for you</b></p>
What's your strongest memory of <b>losing someone or something</b> you cared about?	 <p><b>Can you help me understand?</b> <i>Clarify unknown examples or ill-defined words.</i></p>	
If you had to choose one over the other, would you want a <b>long life</b> or a <b>full life</b> ?		
When's the last time <b>you talked with loved ones</b> about dying/death?	 <p><b>It sounds like...</b> <i>Rephrase the content and meaning.</i></p>	
What <b>rituals</b> are important to you?		
How do you make <b>important decisions</b> in your family?	 <p><b>Anything else?</b> <i>Encourage continued exploration.</i></p>	
In your life, who would you involve to <b>make health care &amp; treatment decisions</b> ?		