



# Akkotun Tumwun Atun Osukosuk

MENAPEN ME ANNUKUN TUMWUN ATUN  
OSUKOSUK (ADVANCE DIRECTIVE)

Overview and Advance Directive - Chuukese Translation



Ei taropwe mi torei ekkewe ekuuk non annukun Washington state.  
(This form meets the requirements of Washington state law).

## Akkotun Tumwun Atun Osukosuk?

Kokkotun tumwun atun osukosuk a ekiek won ifa usun tumwunun safei kopwe mochen non ekkan fansoun epwe feito. Ekkei sokkun akkot a pachenong pworaus won, makkeitiw, me apworausa fengeni met mi auchea ngonuk. Ei a anisi ekkooch ar repwe sine met sokkun tumwunun safei a och ngonuk ika kose chiwen tongeni kopwe pwisin finata. Non ei sokkun napanap, emon aramas a kanengonuk epwene wisan finata fan itomw. Ei aramas sia eita ngeni emon health care agent (chon tupwunuk ren pekin tumwunun safei), a pwan iteni attorney-in-fact (emon a mwumwuta epwe tupwunuk nge esapw ii sou annuk), surrogate (chon siwinuk non och pekin), ika emon a pwung me non annuk an epwe wisan finata pekin safei.

A auchea kopwe amona ngeni ewe epwene tupwunuk non pekin safei ne apworausa ngeni met ke mochen repwe feeri fansoun ra finata ekkewe pekin tumwunun safei fan itomw.

## Met ei advance directive?

Ew advance directive (taropwen tumwunun safei atun osukosuk) a nemeniom, mi wor manamanen non annuk omw makeitiw on kewe finata ren akkotun tumwun safei atun osukosuk. Kopwe apworaus ngeni ekkewe aramas ra auchea ngonuk usun omw iwe advance directive (taropwen tumwunun safei atun osukosuk)--awewe ewe a tupwunuk non pekin tumwunun safei me om famini mi auchea ngonuk--me tokter, nenien safei, me piping. Ew taropwen tumwunun safei atun osukosuk epwe asefe sefan iteiten. Meinisin mei watte ier 18 me nap seni ra tongeni amasowa ew taropwen tumwunun safei atun osukosuk.

Mi ruu sokkun taropwen tumwunun safei atun osukosuk non Washington state: 1) ewe taropwen power of attorney (taropwen mwumwutan kopwe wisen finata fan itan emon) ren pekich tumwunun safe me 2) ewe health care directive (taropwen annukun met kopwe feeri atun osukosukan tumwunun safei).

Ewe taropwen tumwunun safei atun osukosuk non ei pwuk ew durable power of attorney ika mwumwutan kopwe wisen finata fan itan emon tori an mano ren pekin tumwunun safei (DPOA-HC). Ewe DPOA-HC a anongonong won annukun Washington state (sopwun 11.125 RCW). Ei taropwe minen annuk a ngonuk mwumwutan kopwe affata io epwe wisan tupwunuk ika kapas fan itomw ika kese chiwen tongeni pwisin finata. Ei taropwe a pwan anisuk ne amona ngeni ewe a tupwunuk non pekin safei ne apworausa ngenir met kewe kopwe angang won, met ka aucheani, me met ka mochen. Ekkewe pekin kaee a pwe anemecheresin kopwe tumwunu pwe met kewe omw mochen repwe apwonusa ren omw kopwe affata io me amona ngeni emon ewe a tupwunuk non pekin safei.

Ewe taropwen tumwunun safei atun osukosuk non ei pwuk esapw ew taropwen tumwunun safei (health care directives). Ewe taropwen tumwunun safei (health care directives) a pwan iteni living will ika met omw mochen atun om manaw. Ka tongeni kopwe pwan ekieki om kopwe amasow eche taropwen tumwunun safei (health care directives), ei a ew annukun kopwe angei sefani ika amwochu ekkewe tumwunun safen epwe atamano manaw non ekkooch wewe me non annukun Washington state. Ren pwan ekkooch pworaus won taropwen tumwunun safei (health care directives), katon: [www.HonoringChoicesPNW.org](http://www.HonoringChoicesPNW.org) ika pworaus ngeni noumw iwe tokter.

## Met ei health care agent?

Emon health care agent is ewe aramas ka finata epwe siwinuk/tupwunuk ne finata omw tumwunun safei ika kose chiwen tongeni finata won pwisin en. Kopwe ereni ewe a tupwunuk non pekin safei met mi auchea ngonuk, ren metekewe ka aucheani me met oupwe angang ngeni ren pekin tumwunun safei. Ei pworaus a tongeni emweni ewe a tupwunuk non pekin safei me tokter ar repwe finata met a och, fan itomw ika pwe kose chiwen tongeni pwisin finata met epwe fis. Omw ei ka awesano ei annukun tumwun atun osukosuk (advance directive) (mwumwutan kopwe wisen finata fan itan emon tori an mano ren pekin tumwunun safei) ka mwut ngeni ei aramas epwe finata fengen me noumw kewe tokter usun omw tumwun. Ewe a tupwunuk non pekin safei esapw wiseni meeni omw tumwun nge ra finita fan itomw repwe tupwunuk non pekin safei.

## Met a feeri an emon epwe emon chon tupwunuk non pekin safei epwe och?

### Noumw we chon tupwunuk non pekin safei EPWE:

- ✓ Weweiti met chon tupwuni emon non pekin safei (health care agent) ekan feeri me mochen epwe wiseni ei wis.
- ✓ Apworausa metekewe kopwe angang won, met mi auchea ngonuk, me met omw mochen ngeni noumw tokter, me anapanapa met wewen ewe "nonomw mwurine" ika ew "ran mi och" ngonuk.
- ✓ Feeri metekewe omw finata, ika mo pwe esapw mese fengen me omw pwisin finata.
- ✓ Tongeni finata non fansoun mi aweires ika osukosuk.

### Ewe a tupwunuk non pekin safei (health care agent) ESE TONGENI epwe:

- ✗ Kukun seni 18 ierin.
- ✗ Noumw we tokter ika neun nomw we tokter chon angang (chinon chok ika ir pwunurom, chienomw mi rechister me non ewe state, saam me iinn, noumw mi watte, ika pwium/mongeom e watte).
- ✗ Ewe owner (io an ewe neni), chon amweni, ika emon chon angangen ewe nenien tumwunun safei ika nenien tumwun non fansoun nangatam ka angei omw tumwun me ie ika nomw (chinon chok ir pwunurom, chienomw mi rechister non state, saam me iinn, noumw mi watte, ika pwium/mongeom e watte).



## Met ewe health care agent epwe feeri?

Ika kose tongeni pwisin finata omw tumwunun safei, ewe a tupwunuk ren pekin safei (health care agent) epwene wisen finata omw tumwun fan itomw. Ewe epwe tupwunuk ren pekin safei (health care agent) atongeni eaea ekkewe pworaus ka apworausa non ei annukun tumwun atun osukosuk (advance directive) me non ekkooch pwopworaus fengen an epwe emweni ren omw tumwun.

Epwe nene ngeni ekkewe annukun state me eaea ar weweti metekewe kopwe angang ngeni, met a auchea ngonuk, me met ka mochen, ewe epwe tupwunuk a tongeni:

- Finata ekkewe tumwunun safei me reierei, pachenong ika epwe pwan angasangas (CPR), ewe mwesinan angasangas, ew paipen amwongo, me ekkooch pwan tumwunun safei.
- Finata ika epwe aukano ewe tumwun ren life-support me tumwunu chok ren kinamean.
- Nengeniochu me atou ekkwe taropwen safei en mi anoumw ika apply ngeni aninisin inuransin safei fan itomw.
- CFini ewe tokter me neni epwe awora ngonuk tumwunun safei.

### Met ei CPR?

Aninisin angasangas (Cardiopulmonary resuscitation ika CPR ie ew angang sa eaea atun ngasangasomw me omw ngasangas a kouno. CPR ekan och ika pwe inisum mi pechokun me CPR a pwopwuta mwirin chok an ngasangasomw a kouno. CPR ina esapw kon och ika pwe en mi apwangapwang, chinap ika mi chou omw semwen.

Ika kopwe manaw, in kopwe eae ew ventilator (mwesinen angasangas) pwokiten ammatomw mi apwangang. Mi auchea kopwe pworaus ngeni noumw tokter won ika CPR epwe nomw non metekewe kopwe angang ngeni (goals).

Tumwun non Washington state a kan awora CPR ngeni aramas ika ngasanger me ar ngasangas a kouno. Apworuasa ngeni kich omw mochen ren CPR won ei taropwen DPOA-HC a tongeni emweni omw "code status" ika nomwono non pioing. Wewen code status ewe sokkun tumwun atun osukosuk emon aramas epwe angei ika esapw angei me non pioing ika ngasangasan ika an ngasangas a kouno.

Ekkooch aramas ra fini pwe repwe angei CPR non pioing me rese mochen CPR pwan non ekkooch neni. Non ei sokkun kopwe eisini noumw iwe tokter kopwe amasowa ewe Orterin Safei Repwe Eaea Fansoun Osukosuken ewe mi semwen (Portable Orders for Life-Sustaining Treatment (POLST)). POLST ie ewe orterin safei ewe a affata ekkewe finata ren pekin tumwunun safei atun emerechensi ekkewe ra keke ngeni ewe osukosuk me ekkooch chon angangen pioing.

### Met ei life support (aninisin manaw)?

Life-support (a pwan iteni life sustaining ika atamano manaw) tumwun ikkei ekkei tumwunun safei a amanawok ane epwe anisi ika siwini ekkewe auchean wisan/angangen inis (inisich). Ekkei tumwunun safei ese achikara ewe semwen. Ra amanawok tori an kopwe pechokun ika ra angei sonuk ewe life support (aninisin manaw) me ka pwisin mano. Ekkooch awewen ekkei tumwunun safei epwe anisi manawomw ekkewe CPR, mwesinen angasangas, paip sa amwonganuk me non, angang/eaea cha seni emon, me kidney dialysis (nimmen omw kipwin). A auchea kopwe sine pwe ekkinamwein metek me ach awora kinamwe ikkei kinikinin ewe tumwun me esapw ikkei tumwunun atamano manaw.



## Met epwe fis ika use affata io epwe tupwunuei non pekin safei (emon health care agent)?

Ika kose tongeni pwisin finata omw tumwunun safei me emon chon tupwunuk non pekin safei ese affat, noumw kewe tokter repwe fiti pwungun annukun Washington state ar repwe apwungano io epwe wiseni finata fan itomw ren pekin safei. Wewen ei repwene eisini chon famini ika chiechiomw ar repwe finata ekkewe pekin safei fan itomw. Ika famini ika chiechomw sise tongen sipwe sine seni ei teten fan, ekkewe tokter repwene eisini kapwung an epwe finata emon chon tumwun (guardian) an epwe wisani finata pekin safei fan itomw.

Ekkewe tokter repwe kekeri ekkei aramas non ei teten tori epwe repwe fat won emon chon fintata ren pekin safei fan itomw (sopwun 7.70.065 RCW).

1. Emon chon tumwun (guardian) a finita seni kapwung (ika epwe tufich)
2. Ewe epwene tupwunuk ren pekin safei (health care agent) usun mi afatafat.\*
3. Pwunuwom ika chienom mi rechister itan.
4. Noumw ra watte\*
5. Saam ika iin\*
6. Pwium/mwongeomw mi watte\*
7. Noumw kewe noun noumw mi watte ra sineok ewe chon semwen\*
8. Tetenin noun nengin me at ekkewe ir mi sineok ewe chon semwen\*
9. Tetenin inomw me sememw ra watte ir mi sineok ewe chon semwe n
10. Emon chiechiom mi watte mi kan ngonuk epwe tufich ngeni ekkei criteria.

\* Ren ese nifinifin ekkewe mwiich/cho ir mi napeseni emon aramas, meinisin chon ewe mwiich/cho repwe tipeew ngeni ewe tumwun.

## Met ekkooch wewe epwe weneiti?

### Affata pwunuwom pwe iei chon tupwunuk won pekin tumwunun safei (health care agent).

Ika ke fini pwunuwom iwe ika emon chienomw mi rechister itan pwe epwe emon chon tupwunuk non pekin tumwunun safei won ei taropwe, repwe chok kouno ar tupwunuk ren pekin tumwunun safei ika chok pwe kopwe faenuni an epwe eukanon manamanen, annulment (mwuchunon manamanen), ika keimwufesen me non annuk (legal separation) (sopwun 11.125.100 RCW). Ei taropwe a mwutata kopwe finata an epwe sopwosopwono repwe chon tupwunuk ren pekin tumwunun safei, ika mwo mwirin divorce (mwu fes).

Ika ei wewe epwe weneituk, makei nepwopwutan itomw won ei taropwe non Peich 1: "Ika uwa affat pwunuwei we ika chienei we mei rechister pwe repwe tupwunie ren pekin tumwunun safei me mwirin faenuni taropwen epwe eukanon manamanen, annulment (mwuchunon manamanen), ika keimwufesen me non annuk (legal separation); Uwa mochen repwe sopwosopwono ne tupwunie ren pekin tumwunun safei."

### Omw kosapw affata emon chon tupwunuk ren pekin tumwunun safei non ei taropwe

Ewe auchean met epwe fis me non ei taropwe an sipwe affata emon epwe tupwunuk ren pekin tumwunun safei, ka pwan tongeni finata pwe esapw wor emon. Ika kose affata emon epwe tupwunuk ren pekin tumwunun safei, ekkewe tokter repwe fiti pwungun annukun Washington state ne apwungano io epwe tongeni wiseni finata ren pekin safei fan itomw.

Ika ka amasowano ekkewe ekkooch kinikin non ei taropwe, sipwene era pwe ie omw pworaus ren met mi auchea ngonuk me esapw ew advance directive (annukun tumwun atun osukosuk). Eche taropwen omw pworaus ren met mi auchea ngonuk iei mennen metekewe kopwe angang ngeni, met ka aucheani, me met ka mochen. Ei pworaus a tongeni epwe emweni noumw we chon finata ren pekin safei won an epwe finata ren pekin safei fan itomw.

Ika ei wewe ese weneituk, makkei nepwopwutan itomw won ei taropwe won Peich 1: "Ngang use affata emon epwe tupwunie ren pekin tumwunun safei. Ai apworausa metekewe uwa angang ngeni me aucheani won ei taropwe, epwene iei ai pworaus won met a aucheana ngeni ei nge esapw ew advance directive (annukun tumwun atun osukosuk)."

Non ei wewe, ka tongeni pwan amasowa ew health care directive (annukun tumwunun safei), a pwan iteni living will (met ka mochen fansoun omw manaw), ewe epwene annukatiw an kopwe angeifani ika amwochu ekkewe tumwunun atamano mana non ekkooch wewe fan pechokunen annukun Washington state. Ren pwan ekkooch pworaus, katon [www.HonoringChoicesPNW.org](http://www.HonoringChoicesPNW.org) ika pworaus ngeni noumw iwe tokter.

## Met upwe feeri ngeni ei advance directive (annukun tumwun fansoun osukosuk)?

Fanoun ka awesano ei advance directive (annukun tumwun atun osukosuk), kopwe pworaus ngeni ekkewe aramas ra auchea ngonuk won omw mochen me ngenir kapin—awewe ewe chon tupwunuk ren pekin tumwunun safei ika emon chon om famini—me noumw tokter, nenien safei, me pioing. Ika epwe weneiti, kowpe pwan ngeni omw iwe nursing home ika nenien aninis kapin ei taropwe. A auchea an meinisin epwe wor nour kapi.

### Nge ika uwa siwini ai ekiek?

Ika ka siwin omw ekiek won met ka finata non omw iwe advance directive (annukun tumwun atun osukosuk), ereni meinisin mi wor nour kapi, pachenong noumw iwe chon tupwunuk ren pekin safei, famini, tokter, nenien safei me pioing. Ka tongeni angei sefani ika eukano manamanen ewe advance directive inetuchok ka mochen. A auchea kopwe ereni noumw iwe tokter pwe ka mochen angei sefani (kansenini manamanen) om kopwe makkei ngeni eche taropwe (tumwun omw kopwe saini me makkei pwinin maram won) ika fen pwisin erenir. Mi auchea kopwe amasowa eche minafen advance directive. Kopwe ngeni ekkewe aramas ra auchea ngonuk kapin ei minafen advance directive—awewe ewe a tupwunuk ren pekin safei—me noumw tokter, nenien safei, me pioing.

## Penuweni Ekkewe Tungorun Niffang ren pisekin non inisich (Organ/tissue donation):

Ika ke mochen kopwe emon donor (kopwe ngeni ekkooch pisekin inisumw), kose mochen ereni ewe a tupwunuk ren pekin safei, famini, me tokter. Ka tongeni pwan makkei ekkewe pisekisekin non inisumw me mesomw ka mochen niffangono won [www.registerme.org](http://www.registerme.org).

### Io epwe finata eaein inisi mwirin uwa mano?

Ei taropwe esapw affata eaea/poutunon inis mwirin mano. Kopwe sinei pwe omw amasowano eche taropwe ewe epwe awora met epwe feer ngeni inisumw mwurin omw mano epwe pwung me non annukun state (sopwun 68.50.160 RCW).

## Io a tongeni upwe kekeri ika Uwa mochen aninis ren akkotun tumwun atun osukosuk?

Honoring Choices PNW ei neni a tongeni anisuk. Katon [www.honoringchoicespnw.org/locations](http://www.honoringchoicespnw.org/locations) ika kekeri kich won [info@honoringchoicespnw.org](mailto:info@honoringchoicespnw.org) ren aninis.

### ETENEKI TOKTER (ATTENTION HEALTH CARE PROVIDERS)

ITOM (MY NAME): \_\_\_\_\_

PWININ MARAMEN UPWUTIWEI (MY DATE OF BIRTH): / /

NEI TOKTER (MY HEALTH CARE PROVIDER): \_\_\_\_\_

AN TOKTER FON NON OFES  
(PROVIDER OFFICE PHONE): ( ) \_\_\_\_\_

### KOSE MOCHEN AUCHEANI AI MOCHEN (PLEASE HONOR MY WISHES)

NEI CHON TUPWUNIEI REN PEKIN SAFEI (affat itan won ewe DPOA-HC)  
(MY HEALTH CARE AGENT (named on DPOA-HC)): \_\_\_\_\_

FON A OCH (BEST PHONE): ( ) \_\_\_\_\_

AI WE  ADVANCE DIRECTIVE  POLST KA TONGENI KUNA WON  
(MY  ADVANCE DIRECTIVE  POLST CAN BE FOUND AT):  
\_\_\_\_\_

## ANNUKUN TUMWUN ATUN OSUKOSUK (ADVANCE DIRECTIVE): DURABLE POWER OF ATTORNEY (MWUMWUTAN KOPWE WISEN FINATA FAN ITAN EMON TORI AN MANO) REN PEKIN TUMWUNUN SAFEI ADVANCE DIRECTIVE: DURABLE POWER OF ATTORNEY FOR HEALTH CARE

Ei annukun tumwun atun osukosuk, eche mwumwutan kopwe wisen finata fan itan emon tori an mano ren pekin tumwunun safei, mwut ngeonuk kopwe affata me amonata ewe epwe wisen tupwunuk ren pekin tumwunun safei. Ei taropwe a nañ ngeni annukun Washington state. This advance directive, a durable power of attorney for health care, allows you to name and prepare your health care agent. This form meets the requirements of Washington state law.

### Pworausel:

**My Information:**

UNUSEN ITOMW:

FULL NAME:

PRONOUNS (HE-MWAN, SHE-FEFIN, THEY-IR) (NEMENIOMW):

PRONOUNS (OPTIONAL):

(ren, mwan/fefin/ir)  
(i.e., he/she/they)

PWININ MARAMEN UPWUTIWOMW: / /  
DATE OF BIRTH: (maram/ran/ier)  
(mm/dd/yyyy)

### AFFATA ITAN EMON CHON TUPWNUK REN PEKIN TUMWUNUN SAFEI NAMING A HEALTH CARE AGENT

#### Uwa awisa ngeni ei aramas epwe wisen epwe tupwunie ren pekin tumwun safei ie ii:

The person I designate as my health care agent is:

UNUSEN ITOMW:

FULL NAME:

PRONOUNS (HE-MWAN, SHE-FEFIN, THEY -IR) (NEMENIOMW):

PRONOUNS (optional):

TEFOMW (MET NEFINEMI FENGEM): EWE FON A OCH: ( )  
RELATIONSHIP: BEST PHONE:

PWAN EW FON: ( )

ALTERNATE PHONE:

ADDRESIN NENIOMW, SOPW, STATE (FENU), NAMPAN ZIP CODE:

ADDRESS, CITY, STATE, ZIP:

#### Ekkewe aramas uwa awisa ngeni repwe ekkoch pwan nei agent (chon tupwunie) ikkei:

The people I designate as my alternate agents are:

Ika ewe aramas a mak itan asan ese tongeni ika ese mochen epwe finata ai tumwunun safei, iwe uwa awisa ngeni ekkei aramas a tetenitiw fan pwe repwe ewin me oruwan chon tupwunie ren pekin tumwun safei.

If the person listed above is unable or unwilling to make my health care decisions, then I designate the people listed below as my first and second alternate health care agents.

#### EWIN SIWINI (ALTERNATE)

First Alternate

UNUSEN ITAN:

FULL NAME:

PRONOUNS (NEMENIOMW)

PRONOUNS (optional):

TEFOMW (NENFINOMW NGENI): EWE FON A OCH: ( )  
RELATIONSHIP: BEST PHONE:

PWAN EWE FON: ( )

ALTERNATE PHONE:

ADDRESIN NENIOMW, SOPW, STATE (FENU), NAMPAN ZIP CODE:

ADDRESS, CITY, STATE, ZIP:

#### ORUWEN SIWINI (ALTERNATE)

Second Alternate

UNUSEN ITAN:

FULL NAME:

PRONOUNS (NEMENIOMW)

PRONOUNS (OPTIONAL):

TEFOMW (NENFINOMW NGENI): EWE FON A OCH: ( )  
RELATIONSHIP: BEST PHONE:

PWAN EWE FON: ( )

ALTERNATE PHONE:

ADDRESIN NENIOMW, SOPW, STATE (FENU), NAMPAN ZIP CODE:

ADDRESS, CITY, STATE, ZIP:

## AFFATA ITAN EMON CHON TUPWNUK REN PEKIN TUMWUNUN SAFEI NAMING A HEALTH CARE AGENT

### Ekkewe fansoun a tongeni weneiti:

#### Situations that may apply:

Makkei nepwopwutan itomw unukun ei pworaus fan ika mi weneituk: Ka tongeni eurano epoch nain won ewe pworaus ika ese weneituk. Ren pwan ekkooch pworaus: nengen iwe Mennapen ACP, katon [www.HonoringChoicesPNW.org](http://www.HonoringChoicesPNW.org).

Initial next to the statements below that apply to you. You may draw a line through statements that do not apply to you. For more information: see the ACP Overview, visit [www.HonoringChoicesPNW.org](http://www.HonoringChoicesPNW.org), or talk with your health care provider.

- Ika uwa affata pwunuwei we ika chienei we mi rechister pwe repwe tupwunie ren pekin tumwunun safei me mwirin nge uwa faenuni eukanon manamanen, annulment (mwuchunon manamanen), ika keimwufesen me non annuk (legal separation); uwa mochen repwe sopwosopwono tupwunie non pekin tumwunun safei.  
If I name my spouse or registered domestic partner as my health care agent and we later file for a dissolution, annulment, or legal separation; I want them to continue as my health care agent.
- Use affata itan emon chon tupwunie ren pekin tumwunun safei. Ai uwa apworausa metekei upwe angang ngeni me met a auchea ngeniei non ei taropwe, epwene iei ai pworaus won met uwa aucheani nge esapw annukun tumwun fansoun osukosuk (advance directive).  
I am not naming a health care agent. By sharing my goals and values in this form, it will be considered a personal values statement and not an advance directive.

## AMONATA EMON CHON TUPWNUK REN PEKIN TUMWUNUN SAFEI PREPARING A HEALTH CARE AGENT

### Met a fokkun auchea ngenie?

#### What matters most to me?

Ei kinikin a anisuk omw kopwe ekiek won metekewe a fokkun auchea ngonuk. Ei pworaus a tongeni emweni ekkewe aramas ra fokkun auchea ngonuk–ren ewe a chon tupwunuk non pekin tumwunun safei me omw famini–ar repwe finata ekkewe tumwunun safei fan itomw ika kose chiwen tongeni pwisin finata. Ekieki kopwe apworaus ngenir:

This section helps you think about what matters most to you. This information can guide the people who matter to you—like your health care agent and loved ones—to make health care decisions for you if you cannot make them yourself. Consider sharing:

- Met ke kan sani kopwe feeri, non ekiek me won inisumw?  
What do you love to do, mentally and physically?
- Ifa ukukun auchean omw kopwe sine en io me io ir mi nomw remw?  
How important is it for you to know who you are and who you are with?
- Ifa ukukun auchean ngonuk pwopworaus ngeni famini me chiechiom?  
How important is communicating with family and friends to you?
- Ifa usun “living wel (nonomw och)” ika “ew ran och” ngonuk?  
What does “living well” or “a good day” look like to you?
- Met ka kon aucheani non manawomw?  
What do you value most in your life?

**Ekkei tetenin mettooch a fokkun auchea ngeni ei:** (Kopwe tichiki. Apachata ekkooch peich ika epwe auchea (need).)

The following is what matters most to me: (Be specific. Add pages if needed.)

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ITOMW:  
NAME: \_\_\_\_\_

PWININ MARAMEN UPWUTIWOMW: / /  
DATE OF BIRTH: \_\_\_\_\_  
(maram/ran/ier)  
(mm/dd/yyyy)

**AMONATA EMON CHON TUPWUNUK REN PEKIN TUMWUNUN SAFEI**  
**PREPARING A HEALTH CARE AGENT**

## **Metekewe uwa nuku, ai mochen, me met ukan fefferi?**

## What are my beliefs, preferences, and practices?

Mi auchea an ekkewe aramas ra auchea ngonuk-ren ewe chon tupwunuk ren pekin tumwunun safei me omw famini-me omw we kumien tumwunun safei repwe sinei omw kewe nuku, mochen, met ke kan feeri. Ekieki kopwe apwouras ngenir;

It is important for the people who matter to you—like your health care agent and loved ones—and your health care team to know about your beliefs, preferences, and practices. Consider sharing:

- Met a wora ngonuk aninis, kinamwe me pechokun non fansoun mi aweires?  
What provides you support, comfort, and strength during difficult times?
  - Met sokkun tumwunun safei kopwe mochen ika kosapw mochen (awewe, an emon eaea cha seni emon (blood transfusion), safeani metek, amwongoni non och paip/ekkooch sokkun)?  
What medical treatments would you want or not want (e.g., blood transfusion, pain management, artificial feeding)?
  - Ifa usun finitan tumwunun safei non nemiomw, eoreni, ika famini?  
How are health care decisions made in your community, culture, or family?

**Ekkei tetenin nuku, met ka mochen, me met ka kan feeri a auchea ngeni ei:** (*Kopwe tichiki. Apachata ekkooch peich ika epwe auchea (need.).*)

**The following beliefs, preferences, and practices are important to me: (Be specific. Add pages if needed.)**

**Uwa mochen ekkei aramas repwe kekeri ar repwe anisi ai kewe nuku, met uwa mochen, me met uwa feeri:** (*Esapw wor ar pechokun ar repwe finata ren tumwunun safei.*)

**I would want the following person(s) contacted to support my beliefs, preferences, and practices:** (They will not have power to make health care decisions.)

**ITOMW:** \_\_\_\_\_  
**NAME:** \_\_\_\_\_  
**FON:** (      ) \_\_\_\_\_  
**PHONE:** \_\_\_\_\_

**WISAN:**  
\_\_\_\_\_  
**ROLE:**  
\_\_\_\_\_

**NENI:**  
\_\_\_\_\_  
**ORGANIZATION:**  
\_\_\_\_\_

**I**TOMW:  
NAME:  
PWININ MARAMEN UPWUTIWOMW: / /  
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# AMONATA EMON CHON TUPWUNUK REN PEKIN TUMWUNUN SAFEI

PREPARING A HEALTH CARE AGENT

Non ai penuweni ekkei kapas eis, Uwa apworausa met uwa mochen ren tumwunun ai safei. Ika use pwisin feeri ekkei finata ren tumwunun ai safei, uwa mochen nei we chon tupwunie ren pekin tumwunun safei epwe eaea ei pworaus an epwe emweni ar finata. Uwa weweiti pwe ei pworaus a tongeni emweni ai tumwun, nge ina esapw tongeni epwe pwonueta ai kewe mochen usun met uwa mochen itetan.

In answering the following questions, I am sharing my health care preferences. If I cannot make health care decisions for myself, I want my health care agent to use this information to guide their decisions. I understand that this information can guide my care, but it might not be possible to follow my wishes exactly in every situation.

## CPR: Met kewe ai mochen?

### Life Support: What are my wishes?

Tumwun non Washington state a kan awora CPR ngeni aramas ika ngasanger me ar ngasangas a kouno. Ei kinikin a tongeni emweni ewe chon tupwunuk ren pekin tumwunun safei me ekkewe tokter won ika repwe eaea CPR ika ka nomwono non pioing me omw ngasangas me ngasangas-omw a kouno (a pwan iteni "code status").

Standard care in Washington state is to provide cardiopulmonary resuscitation (CPR) to people if their heart and breathing stop. This section can guide your health care agent and health care providers on whether to perform CPR if you are hospitalized and your heart and breathing stop (also known as "code status").

### Ika uwa nomwono non pioing me ngasangasei me ai ngasangas a kouno:

#### If I am hospitalized and my heart and breathing stop:

Uwa mochen repwe sotuni CPR.

I want CPR attempted.

Uwa mochen repwe sotuni CPR, tiwenon chok ika epwe wor ekesiwinin pechokunei, me a wor rei:

I want CPR attempted, unless there has been a change in my health, and I have:

- Esapw tufich ai upwe manaweni ew manaw mi weneiti metekewe upwe angang ngeni me met mi auchea ngeniei uwa affata non ei taropwe me apworausa ngeni ewe chon tupwunie ren pekin tumwunun safei; ika  
Little chance of living a life that aligns with the goals and values I have stated in this form and/or discussed with my health care agent; or
- Ew semwen ika feiengaw ewe ese tongeni epwe chikar, me upwene tongeni mano ren; ika  
A disease or injury that cannot be cured, and I am likely to die soon; or
- Mi kukun ach nuku epwe manaw ika mo pwe ngasangaei epwe pwan manaw sefan.  
Little chance of survival even if my heart is started again.

Use mochen repwe sotuni CPR. Uwa mochen eppwe mwut ngeniei upwe pwisin mano. (*Pworaus ngeni noum toktur ika en mi pwapwaiti kopte kaae usun ewe taropwen POLST.*)

I do not want CPR attempted. I want to be allowed to die naturally. (*Talk to your health care provider about a POLST form.*)

## Aninisin Manaw (Life Support): Met kewe ai mochen?

### Life Support: What are my wishes?

Pwopwun omw penuweni fan an epwe emweni ewe chon tupwunuk ren pekin tumwunun safei. Omw penuweni ei kapas eis esapw iei nge ei taropwe epwene annukun tumwunun safei, ew annuk an epwe angei sefani me amwochu ekkewe tumwunun atamano manaw non ekkooch wewe me non annukun Washtington state. Ren pwan ekkooch pworaus, katon www.HonoringChoicesPNW.org ika pworaus ngeni noumw iwe tokter.

Your response below is intended to guide your health care agent. Answering this question does not make this form a health care directive, which is a directive to withdraw or withhold life-sustaining treatment in specific situations under Washington state law. For more information, visit www.HonoringChoicesPNW.org or talk with your health care provider.

### Ika uwa semwen ika feiengaw nge upwene ma ika uwa pwan nomw non come (mano inisin) me usun usapw niwin sefan, Uwa mochen nei we chon tupwunie ren pekin tumwunun safei epwe:

#### If I am so sick or injured that I am likely to die soon or am in a coma and unlikely to recover, I want my health care agent to:

Eaea meinis ekkewe tumwunun safei an epwe atamano manaw an epwe amanawaei ika mo pwe usapw pechokun sefan. Uwa mochen upwe nomw won aninisin manaw (life support).

Use all life-support treatments to keep me alive even if there is little chance of recovery. I want to stay on life support.

Sotuni meinis tumwunun safei an epwe atamano manaei ika anisi manawei ewe nei tokter iwe a tongeni awora epwe ekieki nge epwe anisiei upwe niwinsefan ika chikar. Ika ewe tumwunun safei ese manaman me ai manaw ewe epwe nene ngeni metekewe uwa mochen angang ngeni me aucheani a kukanuno, Use mochen upwe nomw won aninisin manaw ika life-support. Non ena fansoun, mwut ngeniei upwe chok pwisin mano. Try all life-support treatments that my health care providers think might help me recover. If the treatments do not work and there is little chance of living a life that aligns with my goals and values, I do not want to stay on life support. At that point, allow me to die naturally.

Mwut ngeniei upwe pwisin mano. Use mochen upwe nomw won aninisin manaw ika life-support. Ika pwe tumwunun safei ren aninisin manaw ika life-support a pwopwuta, Uwa mochen repwe kouno.

Allow me to die naturally. I do not want to be on life support. If life-support treatments have been started, I want them to be stopped.

Uwa mochen nei we chon tupwunie ren pekin tumwunun safei epwe finata fan intel.

I want my health care agent to decide for me.



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## AMONATA EMON CHON TUPWUNUK REN PEKIN TUMWUNUN SAFEI

PREPARING A HEALTH CARE AGENT

### Sopwosopwun Pworausau

#### Additional Directions

**Ika upwene mano me ai tumwunun safei, kewe aninis a mwutata, ai mochen pwe upwe mano:**

If I am dying and my medical care, support system, and resources allow, my preference would be to die:

- Non imwei we ika imwan emon chan ai famini (ren hospice ika ke mochen).

At my home or the home of a loved one (with hospice if desired).

- Non ew nenien safei.

In a medical facility.

- Ese wor ai mochen.

I do not have a preference.

- Ekkooch (kose mochen anapanapa): \_\_\_\_\_

Other (please describe): \_\_\_\_\_

**Ika ngang mi pwopwo me use tongeni pwisin finata ai tumwunun safei, Uwa mochen nei we chon tupwunie ren pekin tumwunun**

**safei me ekewe tokter pwe repwe ekieki ekkei are finata tumwunun safei fan intei:**

If I am pregnant and cannot make health care decisions for myself, I would like my health care agent and health care providers to take the following into consideration as they make health care decisions on my behalf:

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**Makkei ese nifinifin pwan ekkooch pworaus ka mochen ewe chon tupwunuk, tokter, ika ekkooch repwe sinei met ka mochen ren omw tumwunun safei. Kopwe sinei pwe omw kewe mochen ren nifangeno pisekisekin/kinikinin non inisumw me akkot ren inisumw ika ka mano epwe pwan imwuno no eche taropwe.**

Write any additional information you want your health care agent, health care providers, or others to know about your health care wishes. Please note that your wishes for organ donation and plans for your remains should be documented separately.

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ITOMW:

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# MWUT NGENI EMON CHON TUPWUNIEI REN PEKIN TUMWUNUN SAFEI.

AUTHORIZING A HEALTH CARE AGENT

**Mennapen Pworausen Pechokun me Pechokunen Nei We Chon Tupwunie Non Pekin Tumwunun Safei:** Uwa mwut ngeni nei we chon tupwunie ren pekin tumwunun safei an epwe mwutata tumwunun safei atun use tongeni upwe pwisins finata. Ua mwut ngeni nei we chon tupwunie ren pekin tumwunun safei an epwe feeri metekewe ai mochen ren tumwunun anirisin manaw (life-support) ren CPR, mwesinen angasangas, paipen amwongo, eaean cha seni emon (blood transfusion), me kidney disalysis. Ei a pachenong mwutata epwe pwopwuta, sopwosopwono, ika kounoi ewe safei ika tumwunun safei.

**Statement of General Authority and Powers of My Health Care Agent:** I authorize my health care agent to give consent for medical treatments when I cannot make my own decisions. I authorize my health care agent to carry out my wishes regarding life-support treatments such as a CPR, breathing machines, feeding tubes, blood transfusions, and kidney dialysis. This includes consent to start, continue, or stop medical treatment.

**Uwa awora/tipeew ngeni ekkei mi tetenitiw:** Uwa weweiti auchean me wewen ei mwumwutan kopwe wisen finata fan itan emon tori an mano) ren pekin tumwunun safei (DPOA-HC). Ei taropwe a affata an nei we chon tupwunie ren pekin tumwunun safei kewe pekin finata (choices) me metekewe u mochen angang ngeni, met mi auchea, me ai mochen. Uwa amasowa ei taropwe non pwisins ai mochen. Ngang mi fatataoch ai ekiek. Uwa weweiti pwun ngang mei tongeni siwini ai ekiek inet chok fansoun. Uwa weweiti pun ngang mi tongeni eniwini me siwini ei taropwe inet chok fansoun. Uwa angei sefani ika eukano meinisin kewe mwumwutan kopwe wisen finata fan itan emon tori an mano) ren pekin tumwunun safei minen mwan. Uwa mochen ei mwumwutan kopwe wisen finata fan itan emon tori an mano) ren pekin tumwunun safei (DPOA-HC) epwe pwopwuta manamanen ika emon tokter ika licensed psychologist a apwungano nge use tufichin finata ai pekin tumwunun safei. Ei annuk epwe sopwosopwono non anein taman ai use tufich (feeri mettooch).

**I attest to the following:** I understand the importance and meaning of this durable power of attorney for health care (DPOA-HC). This form reflects my health care agent choices and my goals, values, and preferences. I have filled out this form willingly. I am thinking clearly. I understand that I can change my mind at any time. I understand I can revoke and replace this form at any time. I revoke any prior durable power of attorney for health care. I want this DPOA-HC to become effective if a physician or licensed psychologist determines I do not have the capacity to make my own health care decisions. This directive will continue as long as my incapacity lasts.

AI SIKNICHER:

PWININ MARAM:

MY SIGNATURE:

DATE:

ADDRESIN NENIOMW, SOPW, STATE (FENU), NAMPAN ZIP CODE:

ADDRESS, CITY, STATE, ZIP:

## Aucheian Chon Kuna ika Notary (chon pwarata)

### Witnesses or Notary Requirement

Kopwe awora sikkicher seni ruomon aramas ika epwe pwung seni emon notary public (ewe chon pwarata).  
You must have your signature either witnessed by two people or acknowledged by a notary public.

### FINATA 1 – RUOMON CHON KUNA

#### Option 1 – Two Witnesses

#### An chon kuna sikkicher: Uwa affata pwe ngang mi tongeni upwe emon witness (chon kuna/pwarata).

**Witness Attestation:** I declare I meet the rules for being a witness.

AN CHON KUNA/PWARATA #1 SIKNICHER:

PWININ MARAM:

WITNESS #1 SIGNATURE:

DATE:

ITAN NON MAKKEN PERES

NAME PRINTED:

AN CHON KUNA/PWARATA #2 SIKNICHER:

PWININ MARAM:

WITNESS #2 SIGNATURE:

DATE:

ITAN NON MAKKEN PERES

NAME PRINTED:

### FINATA 2 – NOTARY (EMON CHON PWARATA)

#### Option 2 - Notary

STATE OF WASHINGTON  
FENUWEN WASHINGTON )  
)

COUNTY OF \_\_\_\_\_ )  
COUNTY (KINIKININ) NON \_\_\_\_\_ )

This record was acknowledged before me on this day of ,

Ei taropwe a annet me mwen mesei non ei ran

by (name of individual):

seni (itan ewe aramas):

Signature: Title: Exp:

Siknicher: An taiten: Exp.

#### Annukun ekkewe chon pwarata (witness):

##### Rules for Witnesses:

- Repwe ier 18 ne kukanunon me repwe fatafatoch me tongeni.  
Must be at least 18 years of age and competent.
- Ese tongeni oupwe aramas fengen ika chon tupwunuk ren pekin tumwunun safei ren cha, pwupwunu, ika chienomw mi rechister.  
Cannot be related to you or your health care agent by blood, marriage, or state registered domestic partnership.
- Ese tongeni epwe ewe chon awora tumwun ngeonuk non imwomw iwe ika emon chon awora tumwun non ew nenien tumwum ika nenien tumwun (long term care) ikewe ka nomw ie.  
Cannot be your home care provider or a care provider at an adult family home or long-term care facility where you live.
- Ese tongeni ewe ka finata pwe chon tupwunuk ren pekin tumwunun safei.  
Cannot be your designated health care agent.



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